



Physical Education Whole School Overview

	Autumn Term		Spring Term		Summer Term	
Pre School	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Games: Unit 1	Ball Skills: Unit 1
	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Games: Unit 2	Ball Skills: Unit 2
	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision
Year 1	Fundamentals	Fitness	Yoga	Athletics	Gymnastics	Dance
	Ball Skills	Sending and Receiving	Target Games	Invasion Games	Striking and Fielding	Net and Wall Games
Year 2	Fundamentals	Fitness	Yoga	Athletics	Gymnastics	Dance
	Ball Skills	Sending and Receiving	Target Games	Invasion Games	Striking and Fielding	Net and Wall Games
Year 3	Fundamentals	Dodgeball	Football	Tennis	OAA	Yoga
	Ball Skills	Dance	Gymnastics	Athletics	Rounders	Tag Rugby
Year 4	Fitness	Ball Skills	Football	Tennis	OAA	Yoga
	Swimming (Golf)	Swimming (Netball)	Swimming (Gymnastics)	Swimming (Golf)	Swimming (Athletics)	Swimming (Netball)
Year 5	Fitness	Dance	Badminton	Yoga	OAA	Gymnastics
	Dodgeball	Basketball	Football	Athletics	Tag Rugby	Rounders
Year 6	Fitness	Dance	Badminton	Yoga	OAA	Gymnastics
	Dodgeball	Basketball	Football	Athletics	Tag Rugby	Rounders

